

EINDSTAND SÚDWEST FRYSLÂN TRIATLON CUP 2021

HEREN

| Nr.Naam | Plaats | Workum 1/8^e | Wommels 1/4^e | Witmarsum 1/8^e | Eindtijd |
|------------------------|---------------|-------------------------------|--------------------------------|----------------------------------|-----------------|
| 1 Stefan de Jong | Blije | 0:59:26 | 1:55:12 | 0:58:03 | 3:52:41 |
| 2 Arjen Bos | Bolsward | 1:03:29 | 2:07:24 | 1:01:17 | 4:12:10 |
| 3 Samme Steenstra | Joure | 1:06:43 | 2:08:36 | 1:03:55 | 4:19:14 |
| 4 Rob Pestman | Dokkum | 1:06:36 | 2:11:47 | 1:05:15 | 4:23:38 |
| 5 Erik Jan Rodenhuis | Oranjewoud | 1:08:16 | 2:15:56 | 1:05:44 | 4:29:56 |
| 6 Atze Wiepke Merkus | Winsum Fr. | 1:10:49 | 2:13:39 | 1:06:03 | 4:30:31 |
| 7 Auke Velting | Bolsward | 1:08:06 | 2:16:31 | 1:06:20 | 4:30:57 |
| 8 Sven Harskamp | Menaam | 1:09:02 | 2:16:36 | 1:06:52 | 4:32:30 |
| 9 Wytse Hiemstra | Goutum | 1:10:00 | 2:17:53 | 1:07:29 | 4:35:22 |
| 10 Theunis Wouda | Workum | 1:11:32 | 2:18:02 | 1:07:47 | 4:37:21 |
| 11 Bart-Jan Scheenstra | Gorredijk | 1:09:52 | 2:19:15 | 1:08:17 | 4:37:24 |
| 12 Jalmer de Vries | Menaam | 1:10:09 | 2:24:41 | 1:09:32 | 4:44:22 |
| 13 Jaap Zwaagstra | Witmarsum | 1:12:49 | 2:24:21 | 1:07:56 | 4:45:06 |
| 14 Richard van Nood | Goutum | 1:11:11 | 2:25:24 | 1:09:57 | 4:46:32 |
| 15 Durk Tigchelaar | Harlingen | 1:17:41 | 2:29:28 | 1:11:27 | 4:58:36 |
| 16 Barry Lammers | Workum | 1:13:36 | 2:32:24 | 1:13:31 | 4:59:31 |
| 17 Siebolt Haijtema | Workum | 1:15:18 | 2:32:22 | 1:13:02 | 5:00:42 |
| 18 Raimond de Lange | Harlingen | 1:17:58 | 2:33:24 | 1:15:26 | 5:06:48 |
| 19 Edwin Wielinga | Workum | 1:16:51 | 2:39:33 | 1:16:16 | 5:12:40 |
| Frans Pyter Terpstra | Wommels | 1:18:23 | 2:33:38 | DNS | - |
| Jan Willem de Groot | Wommels | 1:09:41 | 2:16:44 | DNS | - |

DAMES

| Nr.Naam | Plaats | Workum 1/8^e | Wommels 1/4^e | Witmarsum 1/8^e | Eindtijd |
|--------------------|---------------|-------------------------------|--------------------------------|----------------------------------|-----------------|
| 1 Yvonne Hiemstra | Sneek | 1:16:48 | 2:29:13 | 1:13:02 | 4:59:03 |
| 2 Dieuwke Couperus | Workum | 1:22:14 | 2:46:38 | 1:22:21 | 5:31:13 |