

SWF Triatlon Cup 2022 Heren

Nr.	Naam	Plaats	Categorie	Workum 1/8e	Witmarsum 1/8e	Wommels	Eindtijd
1	Daniël Nagel	Gauw	heren	01:00:33	00:57:32		01:58:05
2	Tsjomme Ozinga	Heerenveen	heren	01:02:03	00:57:55		01:59:58
3	Annefloris Bottema	Nijland	heren	01:02:45	00:58:20		02:01:05
4	Arjen Bos	Bolsward	heren	01:03:24	00:59:27		02:02:51
5	Dyan Hendriks	Bolsward	heren	01:03:59	00:59:00		02:02:59
6	Matthijs Koopman	Leeuwarden	heren	01:02:32	01:00:29		02:03:01
7	Wiebe Terwisscha van Scheltinga	Reahûs	heren	01:04:32	01:02:13		02:06:45
8	Sytze Terwisscha van Scheltinga	Workum	heren	01:06:00	01:03:58		02:09:58
9	Ben Douwes	Burgum	heren	01:07:06	01:02:52		02:09:58
10	Rob Pestman	Dokkum	heren	01:07:59	01:04:24		02:12:23
11	Johan Laagland	Molkwerum	heren	01:08:59	01:04:33		02:13:32
12	Ronald Risselada	Bakhuizen	heren	01:10:29	01:06:43		02:17:12
13	Arne Deodatus	Groningen	heren	01:11:36	01:07:32		02:19:08
14	Syb v/d Ploeg	Kubaard	heren	01:12:21	01:07:44		02:20:05
15	René Edens	Goutum	heren	01:11:44	01:08:47		02:20:31
16	Jaap Zwaagstra	Witmarsum	heren	01:13:47	01:08:19		02:22:06
17	Theunis Wouda	Workum	heren	01:13:26	01:09:07		02:22:33
18	Dennis Smit	IJlst	heren	01:13:40	01:09:17		02:22:57
19	Dennis v/d Veen	Breezand	heren	01:12:57	01:11:36		02:24:33
20	Jan Pieter Lunenburg	Leeuwarden	heren	01:13:53	01:12:38		02:26:31
21	Edou Hilverda	Leeuwarden	heren	01:17:18	01:12:33		02:29:51
22	Jan v/d Heide	Heerenveen	heren	01:16:41	01:13:43		02:30:24
23	Joop Scherpenzeel	Leeuwarden	heren	01:17:46	01:13:52		02:31:38
24	Frans Pyter Terpstra	Wommels	heren	01:20:12	01:14:44		02:34:56

SWF Triatlon Cup 2022 Dames

Nr.	Naam	Plaats	Categorie	Workum 1/8e	Witmarsum 1/8e	Wommels	Eindtijd
1	Annemarie Rustenburg	Biddinghuizen	dames	01:06:39	01:03:32		02:10:11
2	Serina Schouwenaar	Den Helder	dames	01:09:27	01:05:13		02:14:40
3	Theresia Offringa	Nijland	dames	01:11:47	01:08:08		02:19:55
4	Liesbeth Hiddema	Jirnsom	dames	01:13:42	01:09:10		02:22:52
5	Lisanne Faber	Oranjewoud	dames	01:15:15	01:11:05		02:26:20
6	Yvonne Hiemstra	Sneek	dames	01:18:50	01:12:52		02:31:42
7	Jacqueline Swart	Haskerhorne	dames	01:25:30	01:19:28		02:44:58
8	Anniek Visser	Britsum	dames	01:24:19	01:21:55		02:46:14
9	Femke de Groot	Waaxens	dames	01:26:33	01:21:25		02:47:58